



**ASPEN 2025
NUTRITION
SCIENCE &
PRACTICE
CONFERENCE**

**MARCH 22–25, 2025
COLUMBUS, OHIO**



LEARN . DISCOVER . CONNECT .

Sessions are both in-person and virtual unless marked with for in-person only.

PRECONFERENCE COURSES*

FRIDAY, MARCH 21

8:00 AM – 3:30 PM **Physician Preconference Course • Comprehensive Nutrition Therapy: Tactical Approaches in 2025 (PHY-2025)**
Engage with physicians who integrate nutrition into their patients' treatment plans and underscore its impact on patient outcomes. Sessions cover nutrition care in patients with liver disease, diabetes, malignancy, and trauma/critical care, and conclude with presentations of complex clinical case vignettes. *Students/trainees attend free with proof of status.*

SATURDAY, MARCH 22

7:00 AM – 11:00 AM **Nutrition for the Practicing Pediatric Clinician • Intricacies of Parenteral and Enteral Nutrition Management in Specialized Pediatric Populations (NPPC-2025)**
Explore the specialized nutrition requirements of pediatric patients with complex medical challenges such as intestinal failure, neurodevelopmental challenges, necrotizing enterocolitis, and congenital heart disease.

7:00 AM – 11:00 AM **Post-Graduate Course • Optimizing Macronutrient Delivery in Parenteral Nutrition (PG1-2025)**
Learn how to optimize macronutrient delivery in PN to reduce metabolic complications. Through case-based discussions and evidence-based recommendations, learn practical approaches for adopting the latest ASPEN and ESPEN guidelines.

7:00 AM – 12:00 PM **Research Workshop • Novel Nutritional and Metabolic Status Biomarkers (RW-2025)**
Learn more about the current evidence for biomarkers in use, as well as those in development, to capture nutritional and metabolic status, which is critical in medical care.

CONFERENCE PROGRAMMING*

SATURDAY, MARCH 22

11:00 AM – 12:15 PM **Section Forums**

11:00 AM – 12:30 PM **Corporate Symposia**

1:00 PM – 2:15 PM **President's Address (SA10)**
A Gut Feeling — The Story of Short Bowel Syndrome
Ajay Jain, MD, DNB, MHA


2:30 PM – 4:00 PM **Breakout Sessions**
Challenges in the Transition of Nutrition Support Throughout the Continuum of Life From Neonates Through Adults (SA20)
Basic Skills in Parenteral Nutrition Management – Skills Lab A (SA21)
Nutrition Care in Uncharted Territory: POTS, MCAS, Ehlers-Danlos Syndrome (EDS) (SA22)
The ICU Clinician's Guide to Nutrition Physiology: Latest Insights (SA23)
How We Got Here: Celebrating the Advances in Nutrition Support on the 50th Anniversary of ASPEN (SA24)

4:00 PM – 5:30 PM **ASPEN EXPO Opening Reception**

6:00 PM – 7:15 PM **Section Forums**

7:30 PM – 9:00 PM **Corporate Symposia**

*Tentative schedule as of 10/2/2024. Visit nutritioncare.org/2025conference for course details and most current information.

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SUNDAY, MARCH 23

6:00 AM – 7:30 AM	Corporate Symposia
7:45 AM – 9:15 AM	Keynote Address (SU10) The Next 50 Years – Challenges and Opportunities in Clinical Nutrition Thinking Outside the Box <i>Gordon Jensen, MD, PhD, FASPEN</i> Artificial Intelligence in Health and Nutrition <i>Ryan Hurt, MD, PhD, FASPEN and Anju Gupta, PhD</i>
9:00 AM – 2:00 PM	Exhibits, Posters, and Innovation Theaters 
10:30 AM – 12:00 PM	Breakout Sessions Tackling Malnutrition in Hospitalized Children Using an Interprofessional Nutrition Care Pathway (SU20)  Basic Skills in Parenteral Nutrition Management – Skills Lab B (SU21)  Fueling Success: Strategies for Establishing, Engaging, and Sustaining Nutrition Support Teams for Another 50 Years (SU22) GLP-2 Use in Clinical Practice/Real Life Management of Patients with Intestinal Failure (SU23)  Enteral Enigmas: Navigating Common Feeding Tube Challenges and Complications (SU25)
10:30 AM – 12:30 PM	Breakout Session Stronger Together: Interprofessional ICU Rounds and Nutrition Choices (SU24)
12:15 PM – 1:30 PM	Section Forums 
12:45 PM – 1:45 PM	Poster Presentations 
1:30 PM – 3:30 PM	Breakout Session Pediatric Skills Lab (SU36)  
2:00 PM – 3:30 PM	Nutrition and Metabolism Research Paper Sessions Parenteral Nutrition Therapy (SU30) Enteral Nutrition Therapy (SU31) Malnutrition and Nutrition Assessment (SU32) Critical Care and Critical Health Issues (SU33) GI, Obesity, Metabolic, and Other Nutrition Related Concepts (SU34) Pediatric, Neonatal, Pregnancy, and Lactation (SU35) 
4:00 PM – 5:30 PM	Breakout Sessions Understanding Malnutrition in Children with Neurological Impairments Undergoing Surgery (SU40)  Nutrition Research Discoveries Symposium and Celebration (SU41) Beyond the Bag: A Clinician’s Guide to Parenteral Nutrition Compatibility and Stability (SU42) Malnutrition Screening in Outpatient Cancer Centers: New Evidence for Clinical Recommendations (SU43) Weight Loss Medications: A Clinical Guide for the Nutrition Provider (SU44) Roundtable Sessions (RT1) 
4:00 PM – 6:00 PM	Breakout Session Automation and Artificial Intelligence in Clinical Nutrition (SU45)

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ASPEN's 50th Anniversary Celebration

Sunday, March 23 • 6:30 PM – 9:30 PM


All attendees are welcome!

MONDAY, MARCH 24

6:00 AM – 7:30 AM	Corporate Symposia
8:00 AM – 9:30 AM	Dudrick Research Symposium (M10) Lipids in Clinical Medicine: Is It Time for Fat to Be Therapeutic?
9:00 AM – 2:00 PM	Exhibits, Posters, and Innovation Theaters 
10:30 AM – 12:30 PM	Breakout Sessions Premier Paper Session and Vars Award Competition (M20) Enteral Nutrition Skills Lab (M21) 
12:45 PM – 1:45 PM	Poster Presentations 
12:45 PM – 2:00 PM	Section Forums 
2:00 PM – 3:30 PM	Breakout Sessions Nutrition Support Updates in Pediatric Critical Care (M30)  Peggi Guenter Clinical Practice Lecture (M31) Elimination Diets in Practice: How Food Restrictions Both Help and Hurt Patients (M32) Nutrition Clinical Research Fundamentals: Be a Better Consumer of the Literature (M33) Case-Based Approach to Treating Complex GI Patients (M34) Indirect but to the Point: The Use of Indirect Calorimetry in Determining Patient Nutritional Requirements (M35)
4:00 PM – 5:30 PM	Breakout Sessions Pediatric Enteral Nutrition: A Hospital-Wide Approach (M40)  Bistrrian Nutrition Mentorship Award Lecture (M41) Protocolized Management of Nutrition Support Complications: How and Why? (M42) Micronutrients Matter: A Roadmap for Evaluating and Treating Micronutrient Deficiencies (M43) The Global Leadership Initiative on Malnutrition: A Practical Approach (M44) Roundtable Sessions (RT2) 
6:00 PM – 7:15 PM	Section Forums 

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 Pediatric Content Included  In-Person Only Session



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TUESDAY, MARCH 25

6:00 AM – 7:30 AM Corporate Symposia

8:00 AM – 9:15 AM **Rhoads Research Lecture and Awards Ceremony (T10)**
Advancements in Pediatric Parenteral Lipid Nutrition and Impact on Hepatic Function Using the Neonatal Pig Model
Douglas G. Burrin, PhD

9:45 AM – 11:15 AM **Breakout Sessions**
Health Equity Across the Intestinal Failure Care Continuum (T20) 
When Less Is Not More: Recognizing and Mitigating Sarcopenia Across Disease States (T21)
What a Clinician Should Know When Prescribing Home PN (T22)
Myth-Busting Enteral Nutrition in the ICU: An Interprofessional Perspective (T23)
Nutrition Hurdles: Overcoming Challenging Scenarios in Oncology Patients (T24)

12:00 PM – 1:30 PM **Breakout Sessions**
Are All Feeding Problems ARFID? (T30) 
An Administrative Perspective on Malnutrition: Benefits on Outcomes, Reimbursement, and Quality Metrics (T31)
Parenteral Nutrition Delivery Across the Patient Care Spectrum (T32)
Optimization and Complications of Parenteral Nutrition in Preterm Infants (T33) 
It Just Hits Different: Incorporating Social Media Into Nutrition Support Education and Advocacy (T34)

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